



Nutritional Information - U.S.

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

| Menu Items | Calories | Calories Fat (grams) | Total Fat (grams) | Saturated Fat (grams) | Trans Fat (grams) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (grams) | Dietary Fiber (grams) | Sugars (grams) | Proteins (grams) |
|----------------------------------|----------|----------------------|-------------------|-----------------------|-------------------|------------------|-------------|-----------------------------|-----------------------|----------------|------------------|
| CATERING MENU | | | | | | | | | | | |
| SOUP AND SALADS | | | | | | | | | | | |
| Uchi No Salad | 110 | 70 | 8 | 1.5 | 0 | 0 | 310 | 7 | 1.91 | 1.2 | 2 |
| Seaweed Salad | 110 | 70 | 8 | 1.5 | 0 | 0 | 310 | 7 | 1.91 | 1.2 | 2 |
| Miso Soup | 40 | 10 | 1 | 0 | 0 | 0 | 710 | 3 | 0 | 1 | 3 |
| SHAREABLES | | | | | | | | | | | |
| Pineapple Cheese Wonton | 300 | 150 | 17 | 8 | 0 | 35 | 420 | 33 | 1 | 12 | 5 |
| Spring Roll | 470 | 250 | 28 | 6 | 0 | 0 | 1700 | 49 | 4 | 5 | 6 |
| Pork Gyoza | 250 | 110 | 12 | 3.5 | 0 | 20 | 990 | 25 | 0 | 7 | 10 |
| Edamame | 210 | 75 | 8.8 | 1.09 | 0 | 0 | 435 | 17.2 | 8.8 | 3.71 | 18.42 |
| Garlic Edamame | 340 | 135 | 16.3 | 2.97 | 0 | 0 | 1145 | 35.1 | 8.9 | 16.71 | 21.75 |
| Shishito Peppers | 140 | 65 | 7 | 4.5 | 0 | 20 | 670 | 15 | 3 | 4 | 4 |
| Sesame Garlic Sauce Wings | 710 | 410 | 46 | 13 | 0 | 250 | 1580 | 22 | 1 | 22 | 54 |
| Black Pepper Teriyaki Wings | 610 | 330 | 37 | 11 | 0 | 265 | 1150 | 17 | 5 | 7 | 54 |
| Spicy Sauce Wings | 590 | 340 | 38 | 11 | 0 | 265 | 800 | 16 | 1 | 10 | 47 |
| SUSHI PLATTERS | | | | | | | | | | | |
| Tokyo Platter | 400 | 112 | 12 | 2 | 0 | 56 | 871 | 53 | 3 | 11 | 16 |
| Samurai Platter | 300 | 80 | 9 | 2 | 0 | 64 | 797 | 47 | 1 | 10 | 18 |
| Viva Las Vegas Platter | 590 | 237 | 26 | 5 | 0 | 48 | 1247 | 69 | 6 | 20 | 18 |
| Kyoto to the Bay Platter | 400 | 110.0 | 12.0 | 3.0 | 0.0 | 40.0 | 850.0 | 50.0 | 4.0 | 12.0 | 10.0 |
| Sushi O'clock Platter | 490 | 154 | 17 | 3 | 0 | 81 | 1258 | 62 | 5 | 17 | 22 |
| SUSHI TRAYS | | | | | | | | | | | |
| Spicy Shrimp Roll | 250.00 | 70.00 | 6.00 | 1 | 0.00 | 55.00 | 730.00 | 41.00 | 3.00 | 12 | 13 |
| Rainbow Roll | 510.00 | 190.00 | 21.00 | 3.50 | 0.00 | 55 | 920.00 | 58.00 | 6.00 | 12.00 | 21.00 |
| Spicy Tuna Roll | 340.00 | 56.00 | 6.00 | >1 | 0.00 | 22 | 924.00 | 55.00 | 1.00 | 11.00 | 13.00 |
| Philadelphia Roll | 380.00 | 117.00 | 13.00 | 5.00 | 0.00 | 35 | 682.00 | 54.00 | 2.61 | 13.16 | 13.00 |
| California Roll | 410.00 | 180.00 | 20.00 | 3.50 | 0.00 | 20 | 820.00 | 50.00 | 5.00 | 12.00 | 8.00 |
| Rainbow Roll and Spicy Tuna Roll | 430.00 | 123.00 | 14.00 | 2.00 | 0.00 | 38.00 | 922.00 | 57.00 | 3.00 | 12.00 | 17.00 |
| Avocado Rolls and Cucumber Roll | 260.00 | 93.00 | 2.00 | 1.50 | 0.00 | 0 | 316.50 | 36.80 | 1.00 | 6.50 | 5.10 |
| California and Spicy Tuna Roll | 380.00 | 118.00 | 13.00 | 2.00 | 0.00 | 20 | 872.00 | 52.80 | 3.00 | 12.00 | 11.00 |
| Rainbow Roll and California Roll | 400.00 | 140.00 | 16.00 | 2.00 | 0.00 | 77.00 | 766.00 | 53.00 | 6.00 | 12.00 | 17.00 |
| "RA"CKIN' FRIED RICE | | | | | | | | | | | |
| Hibachi Chicken Rice | 440 | 100.0 | 11.0 | 2.5 | 0.0 | 150.0 | 570.0 | 70.0 | 6.0 | <1 | 15.0 |
| Hibachi Shrimp Rice | 440 | 92.3 | 10.3 | 1.3 | 0.0 | 159.0 | 621.3 | 71.0 | 6.4 | 0.8 | 15.0 |
| Hibachi Steak Rice | 470 | 125.0 | 14.0 | 2.8 | 0.0 | 151.0 | 563.8 | 71.0 | 6.4 | 0.8 | 15.0 |
| Spicy Fried Rice with Chicken | 470 | 120.0 | 15.0 | 3.0 | 0.0 | 150.0 | 770.0 | 71.0 | 6.0 | 1.0 | 15.0 |
| Steamed rice | 320 | 0 | 0 | 0 | 0 | 0 | 7 | 97 | 1 | 0 | 8 |
| ENTRÉES | | | | | | | | | | | |
| Tunacado Salad | 460 | 285 | 33 | 5 | 0 | 51 | 647 | 17 | 8 | 5 | 29 |
| Chicken Katsu | 910 | 430 | 48 | 10 | 0 | 190 | 2860 | 56 | 13 | 37 | 64 |
| Chicken Teriyaki | 550 | 30 | 3 | 1 | 0 | 190 | 660 | 73 | 7 | 0 | 57 |
| Steak Teriyaki | 610 | 80 | 9 | 4 | 0 | 125 | 470 | 78 | 13 | 2 | 54 |
| Spicy Chicken Teriyaki Udon | 660 | 140 | 15 | 3 | 0 | 80 | 1910 | 92 | 8 | 28 | 38 |
| Spicy Steak Teriyaki Udon | 580 | 121 | 13 | 3 | 1 | 84 | 1928 | 92 | 8 | 27 | 22 |
| Spicy Shrimp Teriyaki Udon | 520 | 75 | 8 | 0 | 0 | 55 | 2004 | 91 | 8 | 28 | 18 |

Menu Items

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|---------------------------------------|----------|----------------------|-------------------|-----------------------|-------------------|------------------|-------------|-----------------------------|-----------------------|----------------|------------------|
| SAUCES & DRESSING (1 PINT) | | | | | | | | | | | |
| Ginger Dressing | 960.00 | 860.00 | 96.00 | 16.00 | 0.00 | 0 | 5440.00 | 32.00 | 4.00 | 6.00 | 0.00 |
| Ginger Sauce | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 12000.00 | 2.00 | <1 | 5.00 | 28.00 |
| Spicy Mayo | 2770.00 | 2690.00 | 300.00 | 48.00 | 0.00 | 1310 | 2450.00 | 32.00 | 0.00 | 9.00 | 0.00 |
| DESSERTS | | | | | | | | | | | |
| Traditional Cheesecake | 850 | 530 | 59 | 33 | 2.5 | 275 | 990 | 66 | 1 | 56 | 14 |
| Mount Fuji Chocolate Cake | 420 | 280 | 22 | 6.34 | 1.4 | 24 | 379 | 58 | 2 | 44 | 3.8 |
| BEVERAGE | | | | | | | | | | | |
| Lemonade | 110.00 | 0.00 | 0.00 | 0.00 | 0.00 | 90 | 93.00 | 0.00 | 32.00 | 0.00 | |
| Strawberry Lemonade | 130.00 | 0.00 | 0.00 | 0.00 | 0.00 | 90 | 93.00 | 0.00 | 32.00 | 0.00 | |
| Mango Lemonade | 130.00 | 0.00 | 0.00 | 0.00 | 0.00 | 90 | 93.00 | 0.00 | 32.00 | 0.00 | |
| Iced Tea | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 0.00 | 0.00 | | |
| Assorted Beverages | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 20 | | 0.00 | 28.00 | 0.00 | |
| Red Bull | 110.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 190.00 | 0.00 | 0.00 | 30.00 | |
| Tropical Red Bull | 160.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 200.00 | 0.00 | 0.00 | 39.00 | |
| Acqua Panna Natural Spring Water | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | .0 |
| San Pellegrino | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | |
| MOCKTAILS | | | | | | | | | | | |
| Berry Berry Nice | 130.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.6 | 34.00 | 0.00 | 34.00 | less than 1 g |
| Cabana Boy | 150.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1 | 38.00 | less than 1g | 38.00 | 0.00 |

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